

BENEFITS OF SPIRITUAL PARTNERSHIP

1. **Deeper love for yourself** as you discover that giving and receiving love are the same; when you give with no attachment you allow yourself to receive with openness.
2. **Meaning, purpose, and freedom** in your life as you challenge fear-based parts of your personality that are triggered by your interactions with others, and nurture the loved-based parts of your personality that are illuminated by your interactions with others.
3. **Joy of conscious co-creation** as you discover your unlimited creativity; become a catalyst for the creativity and healing insights of others; and individually and with others, use your creativity in ways that you never imagined.
4. **Equality** that allows you to experience not being separate from others.
5. **Develop real courage**, the courage to be in integrity to say or do what you know you need to say or do because it is supportive of you and others, even if others have a reaction.
6. **Intimacy that comes from being in integrity**. When you do not reveal and challenge your obsessions, compulsions, and addictions, such as judgments, excessive spending, etc., they create distance in you from others that becomes so familiar you don't realize that your heart is closed. (Others feel these things even if they don't acknowledge them.)
7. **Turn your power struggles, dramas, and tragedies into opportunities** for your own spiritual growth and deeper intimacy with others, especially those you want to be closer to.
8. **Deepen your commitment to your spiritual growth** and your ability to support others each time you set your intention and challenge frightened parts of your personality and nurture loving parts of your personality.
9. **Open fully to the love that is in you**, but hidden when frightened parts of your personality control you.
10. **Compassion for yourself and others** as you become willing to experience and feel the pain that underlies your obsessions, compulsions, and addictions.
11. **Ability to enjoy yourself**, your spiritual partnerships, and your life independently of what happens outside or inside of you.
12. **Develop trust that the Universe is compassionate and wise** so that no matter what happens, you know it is perfect for your spiritual growth, given the choices that you have made.