

SPIRITUAL PARTNERSHIP AGREEMENTS

SPIRITUAL PARTNERS MAKE THESE AGREEMENTS WITH ONE ANOTHER:

Part 1 – Basics

1. Commitment to my own spiritual growth (creating authentic power) is my highest priority.
2. I will support you in growing spiritually by creating authentic power myself.
3. I will share with you what I feel I notice in you even and especially when I am not sure if what I feel I am noticing is correct.

Part 2 – How it Works

4. I will support you if I feel you may be in a frightened part of your personality. If I find myself in a frightened part of my personality (attached to changing you), I will challenge that part by responding from a loving part of my personality instead.
5. I will open myself to your support of me even if I feel you may be in a frightened part of your personality. I will listen, feel my reactions and respond with love.
6. If I am having a reaction to your support of me, I will look inside myself rather than focus on you (blame you, judge you etc.) I will remember that my reaction is showing me that a frightened part of my personality is active.

Part 3 – Benefits

7. I will notice your loving parts and share these with you so you can cultivate them. I will do the same for myself.
8. I will open myself to your sharing with me about loving parts of my personality you see so I can cultivate them.
9. I will consciously co-create with you in each interaction. I am aware that requires me to be creating authentic power.